

October 2024



MACCAUVLEI DIGITAL MAGAZINE

**BREAST CANCER
AWARENESS DAY!**

**SCRATCH LEAGUE TEAM
LAST GAME FOR THE WIN!**

**CELEBRATE
OUR CHAMPIONS**

**SUMMER GOLF APPAREL
ON SALE !**

**MEMBER'S
ACHIEVEMENTS**



**HOW TO MASTER YOUR
MENTAL GAME**

*"Golf is a great way to teach someone discipline, responsibility
and sportsmanship"*

-- Tiger Woods

Buy a **Booyaa**™ BOOYAA shirt for R 900



Stand a chance to
win a Booyaa golf bag



DRAW :
15 OCTOBER 2024



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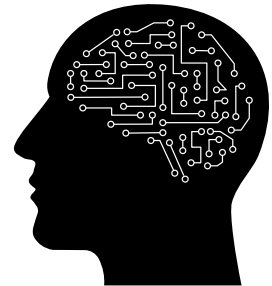
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Vereeniging, 1939**



Q's Sports Equipment and clothing

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 **12 Ring Road,
Three Rivers,
Vereeniging**



Maccauley Golf Club

 **016 422 1263**

 **Old Sasolburg Rd
Viljoensdrif,
Vereeniging, 1939**



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Constant care has been taken to ensure the content of this magazine is accurate at the time of publishing. T's & C's apply on all published adverts, editorials and other content. Specials are valid for October 2024 or while stocks last and October be ended without written consent. Events October change without notice. All rights reserved.

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A collection of various golf-themed gift novelties. At the top left, several circular pins are displayed, including a smiley face, a golfer, a four-leaf clover, and the South African flag. Below these are three keychains: a circular golf-themed medallion, a small yellow car, and a golf club head with a yellow ball. To the right is a green water bottle with a golf pattern. In the center, a card reads 'SIMPLY PUTT... I HOPE TODAY IS YOUR BEST BIRTHDAY BY PAR' with an illustration of a golf hole. Below the card is a black 'STROKE Counter' for two players. To the right of the counter are four golf-themed can koozies with various designs and text like 'TALK BIRDIE TO ME', 'LET'S GOLF', 'ANYTIME IS A GOOD TIME FOR Golf', and 'IT TAKES A LOT OF BALLS TO GOLF THE WAY I DO'. The background is a white and red diagonal design.



A word from the



Dear Members.

Thankfully we received the first of the summer rains and with a bit more in the forecast, we will see a marked difference in the rough during the next few weeks.

The greens are recovering nicely after hollowtining and we are busy levelling the tees of No 8, No 12 and No 14.

The 14th tee has been enlarged to provide more options for different tees going forward.

Enjoy the school holidays as we are heading into the last quarter of the year and a busy schedule ahead of us till the end of November

WINNERS

Better Ball League. Many congratulations to Gerrie Naude and his Better Ball A Division team. They won the Central Gauteng A Division Better Ball league this year. A great achievement indeed and one that Maccauvlei as a Club and the players can be very proud of.

Scratch League.

The scratch league is currently in joint first position with one more match to be played at Maccauvlei against Bryanston on 27 October. Please come and support the team on the 27th and best of luck to Gerard and the team to win their league division this year.

President's Spoon.

The annual President's Spoon will be played on Saturday 12 October. This is an individual competition and one of the most prestigious competitions at Maccauvlei. Please enter at the Pro shop and support our Club President (Gerard Tait) who is hosting the day.

Breast Cancer Awareness Day.

This annual better ball competition is hosted by our Ladies Captain (Lischke Laubscher) and will take place on Saturday 19 October. Please enter two ball teams and your two ball team can be ladies, mixed or men. Players are encouraged to wear something PINK in support of this day. Please contact the Pro Shop to enter and support this worthy cause.





A word from the GM

Tree planting initiative.

The club wants to introduce new trees to certain holes and after consultation decided to plant the following three types of indigenous trees

- River Bushwillow / Vaderlandswilg
- White Stinkwood / Witstinkhout
- Sweet Thorn / Soetdoring

It will be much appreciated if members or golfing groups who are willing to sponsor young trees (2m in height and taller) can contact me and we will arrange for collection if required. Your contribution will not only assist the club financially, but it will be an investment in the future and a living memory that will keep growing long after we are gone.

Standard bank International Pairs and National Champion of Champions (CoC).

During the first week of October, Gerrie Naude and Nico Le Roux will represent South Africa at the Pairs World Finals in Tenerife and Seun Maisa will represent Free State at the CoC Nationals at Pecanwood. Safe travels and be assured that Maccauvlei is proud of you and wishing you all the best to play your best golf and make great memories

Webbing/tape on fairways.

Players will find that we have installed white webbing/tape on the fairways in front of the greens to regulate golf cart traffic. This tape is more visible and longer lasting than the white paint previously used and your cooperation to protect our greens and surrounds is appreciated

Cart Paths.

We are still working to improve the cart paths between tees and fairways and hope to have them in much better condition during October.

Marshalls required.

Maccauvlei would like to recruit new marshalls for starting and marshalling duties one weekend a month. Any interested persons can contact me on admin@maccauvleigolfclub.co.za

Complaints/Suggestions.

Please feel free to report any complaints or suggestions to improve the club to me personally as we are at all times trying to improve the course and clubhouse and your inputs are valuable and appreciated.

“You know what they say about big hitters - the woods are full of them.” Jimmy Demaret

Yours in golf

Ben Grib





CELEBRATING THE CHAMPIONS!

We have seen some thrilling competition and remarkable performances from the A-Division team this year. The last game determined the official Handicap league winners. Good drives and precise putts made an incredible win for the team.

The team understood what was expected of them to secure the win. The team's determination resulted in winning the CGGU Handicap League, A-Division





SALE



Nike Infinity golf shoes
+
Selected Nike Shirt
+
Selected Nike Cap

R 3000





“MASTERING THE MENTAL GAME: STRATEGIES FOR GOLF SUCCESS”



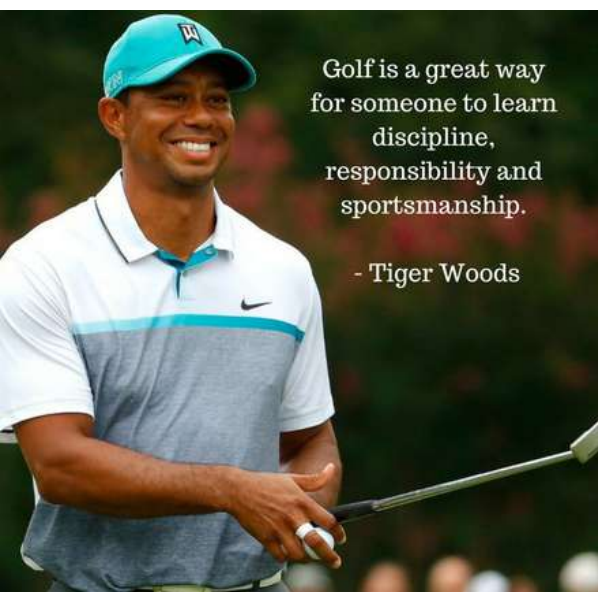
Is your mental game on when the pressure is high? Can you focus on your game when you know every drive, every putt matters to get a win?

With much research, we gladly share a few tips on training your mind to a better game.

- Attitude and confidence is key
 - Meditate or start your day with a good, positive mindset
- Challenge yourself
 - Challenging yourself helps stimulating the brain, overcoming those challenges creates more confidence on and off the golf course
- Do some form of exercise every day
 - Studies have shown that at the time of crisis, cardiovascular exercise gives the brain a protective advantage by decreasing its vulnerability to vascular insults and protecting the blood brain barrier from oxidative stress - in essence fatigue
- Acceptance
- Be patient
- Focus and control your thoughts
 - Don't let your mind get distracted by negative thoughts
- Be disciplined
- Practice often to improve emotional and mental skills
- Set marginal goals every time you practice
- Pre-Shot routines are important
- NEVER GIVE UP

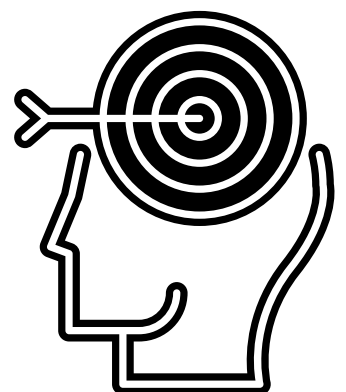
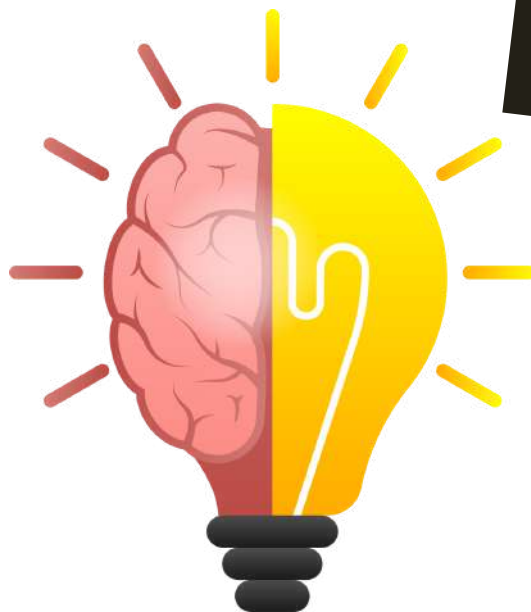
**POSITIVE
MINDS**

You gotta train
your mind to be
stronger than
your emotions
or else you'll
lose yourself
every time.



Golf is a great way
for someone to learn
discipline,
responsibility and
sportsmanship.

- Tiger Woods





MACCAUVLEI
GOLF CLUB
EST 1926

PRESIDENT'S SPOON !

**12
Oct**



ATTENTION: MEMBERS

Date : 12 October 2024

Format : IPS

Cost : R 20 comp fee

Snacks at prizegiving

**ENTER AT
MACCAUVLEI PRO SHOP**

Happy Hour

at the bar
from 16:00 -
18:00





SCRATCH LEAGUE TEAM

*It's the last game of the season. This is the game to win the league.
Play a game of patience, precision, and perseverance. Keep your head up, stay
focused, and enjoy the game You've got this! Keep swinging for the greens!* 🏌️ 🚩





Summer Skorts



Q's





MEMBER'S ACHIEVEMENTS

BEN BESTER



1. SA Kids Junior Open Waterkloof
1 September
Result: 3rd

2. Us Kids Tournament held at Royal
Johannesburg.
8 September
Result: 2nd with a round of +3 (39)



NICO LE ROUX GERRIE NAUDE

We wish you well on your trip to
Tenerife representing South Africa
in the Standard Bank International
Pairs



SEUN MAISA

We wish Seun all the best in representing
Free State in Champion of Champions
Nationals at Pecanwood

Breast Cancer Awareness Day



19 October 2024

Great
prizes

Ladies and
Gents, Support
the cause



Format:

Betterball Scramble Drive

Comp fee:

R 50 (Ex Green fees / Cart fees)

*An additional R 50 donation
towards our breast cancer charity
will be greatly appreciated*

Dress code:

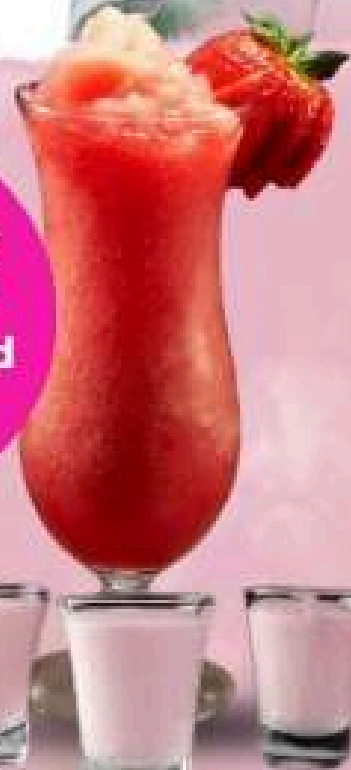
Pink and white golf gear



MACCAULEY
GOLF CLUB
EST 1926

Specials on
Strawberry
daiquiris and
more

Book your spot and cart at the Pro Shop
016 422 1263





Sunday LUNCH

Sunday 6 October 24

11:30 – 14:00

Adult R155 pp • Child
6 – 12 R75

- Traditional Oxtail
 - Country Chicken Pie
 - Caramalized Sweetpotato
 - Creamed Spinach
 - Greenbeans
 - Rice
 - Greek Salad
-
- Traditional Melktert
 - Lemon Cheesecake

For bookings 060 322 7126
info.contessas@yahoo.com



EVENTS



MACCAUVLEI
GOLF CLUB
EST 1926

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2 BBS 85%	3	4 Golf Day: Hervormde Kerk	5 Monthly Medal	6 Monthly lunch
7	8	9 Combined IPS 95%	10 Golf Day: Vaal SAICE	11	12 President's Spoon IPS 95%	13
14	15	16 BBS 85%	17 Golf Day: Vereeniging Cricket Club	18 Golf Day: Talita House	19 Breast cancer awareness day Betterball Scramble drive	20
21	22	23 IPS 95%	24	25 Golf Day: Transvalia	26 4-Ball Alliance 2 scores to count 85%	27 SCRATCH LEAGUE
28	29	30 Combined IPS	31 Golf Day Safari			

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EVENTS / GOLF DAYS

4 OCT- GOLF DAY - HERVORMDE KERK
10 OCT - GOLF DAY - VAAL SAICE
12 OCT - PRESIDENT'S SPOON
17 OCT - GOLF DAY - VEREENIGING RUGBY CLUB
18 OCT - GOLF DAY - TALITA HOUSE
19 OCT - BREAST CANCER AWARENESS DAY
25 OCT - GOLF DAY - TRANSVALIA HIGH
31 OCT - GOLF DAY - SAFARI

CLUB COMPETITION DATES – FEES – R 20 PP

2 OCT - BETTER BALL STABLEFORD - 85%
5 OCT - MONTHLY MEDAL
9 OCT - COMBINED IPS - 95%
16 OCT - BETTER BALL STABLEFORD - 85%
19 OCT - BETTERBALL SCRAMBLE DRIVE
23 OCT - IPS - 95%
26 OCT - 4 BALL ALLIANCE - 85%
30 OCT - COMBINED IPS - 95%

LEAGUE DATES

27 OCT - SCRATCH LEAGUE



Milk
Shake



ice
cream



AVAILABLE
NOW

Slushies



Taste the passion...

DIE STOEP MENU

**AVAILABLE FROM 10:00
TUESDAY - SUNDAY**

BREAKFAST

- MACCAUVLEI BREAKFAST R80**
BACON, 2 FRIED EGGS, TOMATO, CHEESEGRILLER, CHIPS AND TOAST
- THE SUNRISE BREAKFAST R65**
BACON, 2 FRIED EGGS SERVED WITH TOAST
- OMELETTE R65**
3 EGG OMELETTE SERVED WITH TOAST
CHOOSE BETWEEN:
HAM AND CHEESE
MINCE AND CHEESE
- THE FRENCHIE R70**
2 PIECES CRISPY FRENCH TOAST TOPPED WITH BACON AND DRIZZLED WITH MAPLE SYRUP

GRILLS

- STEAK, EGG AND CHIPS R95**
250GR RUMP STEAK SERVED WITH EGGS AND CHIPS
- T-BONE, EGG AND CHIPS R115**
350GR T-BONE SERVED WITH FRIED EGG AND CHIPS
- JALAPENO CHEESE STEAK R110**
250GR RUMP STEAK TOPPED WITH CHEEZY JALAPENO SAUCE SERVED WITH CHIPS
- MINI GRILL R125**
250GR RUMP STEAK, BOEREWORS AND FRIED EGG SERVED WITH SALAD AND CHIPS
- CHICKEN SCHNITZEL R80**
HOMEMADE SCHNITZEL SERVED WITH CHIPS AND CHEESE SAUCE

PIZZAS

- MACCAUVLEI R125**
BACON, HAM, SALAMI, CHEESEGRILLER, SMOKEY BBQ SAUCE
- BILTONG, RIB & AVO R125**
BEEF BILTONG, RIB BITS AND AVO
- HAWAIIAN R85**
HAM AND PINEAPPLE
- REGINA R35**
HAM AND MUSHROOM
- VEGETARIAN R110**
MUSHROOM, TOMATO, PEPPERS, ONION, GARLIC AND OLIVES
- CHICKEN MAYO & BACON R115**
CREAMY CHICKEN MAYO AND BACON BITS

BASKETS

- BUFFALO WINGS R85**
CRISPY FRIED WINGLETS DRENCHED IN OUR SECRET SAUCE SERVED WITH CHIPS
- HALFWAY BASKET FOR 1 R85**
CHICKEN WINGS, CHEESEGRILLERS, CHICKEN STRIPS, SAMOOSAS, RIBLETS AND MEATBALL SERVED WITH CHIPS AND DIP
- SAUSAGE PLATTER(SERVES 4) R185**
RUSSIAN/VIENNA PIECES, AND CHEESEGRILLERS SERVED WITH CHIPS AND DIP

BURGERS

- BEEF, BACON, CHEESE AND AVO R95**
CLASSIC CHEEZY BEEF R90
GRILLED CHICKEN, PINE AND BACON R85





Year end functions 2024

Book your year end function and choose one of our delicious options to suit your needs!

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- * 3 COURSE MEALS**
- * TRADITIONAL BUFFETS**
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- *CHARCUTERIE**



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STOCKIST OF



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